

Arrival Monday 15.30 - Departure Friday 14.00 after lunch

Daily schedule

07.00-07.45 morning practice (optional)

08.00- 09.00 breakfast and clean-up

10.00-11.00 retreat session

11.00-11.30 tea and coffee break

11.30- 13.00 practice session

13.00-14.00 lunch and clean-up

14.00-15.30 private time for rest, practice or work (in garden or kitchen) or take a walk

15.30-16.00 tea break

16.00-17.30 retreat session

18.00-19.30 dinner socializing and clean-up

19.30-21.00 **reading/preparing for next day/relaxing, essential speech only**

The World Peace Stupa Centre is situated in Winterswijk Woold which is part of an enchanting light and noise protected National Landscape. Here nature shows itself at its best and beholds plenty of peace and space, you will experience the Achterhoek at its finest.

Let yourself be surprised by the beautiful historical center of Winterswijk with a charming shopping area, a comprehensive street market, numerous hospitable catering establishments, special museums, and attractions. There is much to see, do, and experience.

22.00-06.15 silence